

AQUAFISK

P.O. Box 3007 Salem, MA 01970 / USA info@aquafisk.com Tel +1 (617) 252-0888 Fax +1 (978) 594-0522



Arctic CharSalvelinus Alpinus

Arctic Char is well known within the culinary community and is frequently featured on the menus of top restaurants. It has a distinctly mild flavor and adapts well to a variety of cooking methods applicable to salmon such as baking, pan searing, grilling and broiling.

Nutrition Facts servings per container Serving size 4 oz (113g) Amount per serving 230 Calories % Daily Value* Total Fat 16g 0% Saturated Fat 3g Trans Fat 0g Cholesterol 30mg 0% Sodium 40mg 2% Total Carbohydrate 0g 0% Dietary Fiber 0g 0% Total Sugars 0g Includes 0g Added Sugars 0% Protein 21g Vitamin D 0mcg 0% Calcium 7mg 0% 0% Iron 0mg Potassium 31mg 0% *The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used is used for general nutrition



Farmed

Arctic Char

Fresh



Choose from a number of convenient cuts and sizes. Available Arctic Char options include:

Specs

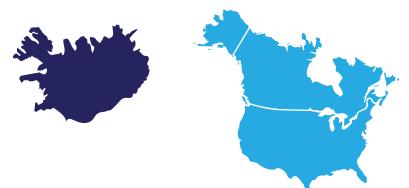
- Head-on, gutted
- Fillet, skin-on, boneless

Pack / Sizes

- -1/50# 2/4lb, 4+lb
- -1/10# 12+oz, 16+0z

Origin: Iceland

Ship to: US & Canada



Catch by season.

COD - High Season

HADDOCKI - High Season

POLLOCKI - High Season

ARCTIC CHAR - Year Round

PLAICE - High Season

LOW SEASON

